



Tuesday - Hilton House, Milford Haven, 10.30

Support group and men's talking circle for men in assisted living - **by invitation only** 

Tuesday - Men's Music Group, Hubberston and Hakin Community Centre, 18.00 – 20.00

Men's music and support group - open

Wednesdays at MIND Haverfordwest 11.30 -12.30

Men's Support Group and talking circle - open

Wednesdays at NACRO Johnstown 2pm

Men's 1:1 support sessions by invitation only

Wednesdays 10 - 16.00 Havershed - Haverfordwest

An exciting new programme of men's activities at this newest men's shed in West Wales. It will further evolve during the autumn with new opportunties for men. A new mens talking circle will starting outdoors work groups in the garden **-open** 

Friday 2pm Men's Music Group - Hubberston and Hakin Community Centre, Church Rd, Hubberston,

Men's music and support group - **open** 

Fridays Torch Theatre Milford Haven 6pm

Men's Talking Circle - open

For the latest list of events goto https://www.men2men.org.uk/pembrokeshire

